



GREAT FUTURES START HERE.



**BOYS & GIRLS CLUB
OF MENIFEE VALLEY**



5 STAR ATHLETIC TRAINING

Training Provided by 5 Star Recruit and Coach Rodell

***10 YEARS COACHING YOUTH FOOTBALL AND YOUTH SPORTS**

***HEADS UP CERTIFIED *SABC INSTRUCTOR-INSTRUCTOR CERTIFIED**

***UFTM (UNIT FITNESS TRAINING MANAGER) *10 YEARS SERVING IN THE MILITARY**

**FEEES: \$20 MEMBERSHIP
\$50 PER MONTH**

GENERAL INFORMATION

TRAININGS ARE HELD ON TUESDAYS OR THURSDAYS, 5:30PM-6:30PM

AHTLETES MUST BE 7 YEARS AND OLDER

ALL ATHLETES MUST BE A MEMBER OF THE CLUB

5 STAR ATHLETIC TRAINING IS DEDICATED TO YOUTH AGES 7 AND UP

TRAININGS ARE HELD AT THE BOYS & GIRLS CLUB OF MENIFEE VALLEY

TUESDAYS, FEBRUARY 7TH-28TH OR THURSDAYS, FEBRUARY 2ND-23RD

TUESDAYS, MARCH 7TH-28TH OR THURSDAYS, MARCH 9TH-MARCH 30TH

TUESDAYS, APRIL 4TH-25TH (SKIP 18TH) OR THURSDAYS, APRIL 6TH-27TH (SKIP 13TH) (PRORATED)

TUESDAYS, MAY 2ND- MAY 23RD OR THURSDAYS, MAY 4TH-MAY 25TH

TUESDAYS, 6TH-27TH OR THURSDAYS, JUNE 1ST-JUNE 22ND

REGISTRATION AND CLASSES WILL BE HELD AT THE BOYS & GIRLS CLUB OF MENIFEE VALLEY

26301 GARBANI ROAD, MENIFEE

FOR MORE INFO PLEASE CALL (951) 246-8845